

# Dragon Boat Festival 2025

## What?

Come along for an afternoon of Dragon Boat Racing on the Thames, all in the name of Maggie's. We're looking for teams of 10 to battle it out across the day's tournament. A great opportunity for team building and competition between Oxford businesses and groups. Teams are of 10 people, but they don't have to be from the same company or group; feel free to join forces or include friends and family in your team.

## When & Where?

Thursday 12th June 2025

1pm onwards

Oxford Wet & Wild, Lakeside View, Drayton Road, OX10 7PQ



## How does the racing work?

You will be racing against other teams. Each race is timed and after three rounds of racing your fastest time is then ranked from fastest to slowest with the fastest teams going through to the final. All teams should get at least three races during the day plus an additional race if you are lucky enough to make a final.

## What equipment do I need to bring?

All equipment to paddle the boats will be provided for you on the day. We recommend you wear comfortable clothes that you are happy to get wet. We also recommend bringing a change of clothes just in case!

## Facilities

There will be a small number of changing spaces and showers available to participants. With toilets available for all participants and spectators. Additional facilities for food and drink to be confirmed.



**To join in the fun  
scan the QR code**



SPONSORED BY



White&Black

# Dragon Boat Festival 2025

## Do I need to be able to swim?

No. Everyone is required to wear a life jacket which will support your weight in the unlikely event that you end up in the water. During your safety briefing at the start of the day you will be asked if you are comfortable in water whilst wearing a life jacket. If you are a non or weak swimmer you will be asked to wear a fluorescent bib to identify yourself to the event staff.

## Do I need to be fit to take part?

No, each race should last between 60 – 90 seconds depending on conditions and the team racing. You can put in as much or as little effort as you want to or are able to. If you are unsure of your ability, you can ask the helm to sit at the back of the boat and you can take a rest if you need it.

## Can I paddle if I have a disability?

Absolutely. For safety reasons, all we require is that you are able to sit on the seat of the Dragon Boat unaided with your feet on the deck of the boat and be able to hold a paddle.

## Do we need to be able to steer a boat?

No, our expert helms will keep you pointing in the right direction. Most, if not all of the participants on the day will have little or zero experience in a Dragon Boat. You will be taught how to paddle as an individual and as a crew at the start of the day.

## Will I fall in the water?

Dragon Boats do not capsize themselves but we cannot completely rule it out. Don't worry though all of our staff are trained in Dragon Boat capsizes and you will be given a full safety briefing on the day.

Please feel free to reach out to Louise at Maggies with any questions you have about the day!

**[louise.mcdowell@maggies.org](mailto:louise.mcdowell@maggies.org)**



SPONSORED BY

